



EGD INSTRUCTIONS

Procedure Date: _____

Check-in at: _____

Physician: _____

****Do NOT use time listed on Patient Portal.**

** If you are taking Aspirin, or any anti-inflammatory medication such as Advil, Aleve, Ibuprofen, Mobic, Celebrex, please stop 4-5 days prior to procedure.

** Stop all herbal supplements 2 weeks prior to your procedure.

** Some medications may need to be held prior to your procedure. You will need approval from your prescribing physician to hold these medications. Please contact the surgery center if you are taking:

- Any prescription blood thinners such as Coumadin/Warfarin, Plavix/Clopidogrel, Xarelto/Rivaroxaban, Eliquis/Apixaban, Brilinta, Effient/Prasugrel, Pradaxa, Aggrenox, etc.
 - GLP-1 Receptor Antagonist medications such as Adlyxin, Bydureon, Byetta, Mounjaro, Ozempic, Rybelsus, Saxenda, Souliqua, Tanzeum, Trulicity, Victoza, Wegovy, or Zepbound
 - Phentermine, Qysmia, or Contrave
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- **Do NOT eat or drink after midnight the night before your scheduled procedure.**

DAY OF PROCEDURE:

- Do NOT eat or drink anything unless otherwise instructed.
- You may take prescription blood pressure, heart, or asthma medications with a small amount of water if you routinely take them in the morning. Consult the surgery center staff regarding any other medications.
- If you are diabetic, do not take your diabetes medications until after the procedure when you have resumed your normal diet.
- Women under age 55 will be required to give a urine specimen.

Bring with you:

- **Someone to drive you home.** You will be given sedation during the procedure. You will **NOT** be allowed to leave unaccompanied and **CANNOT** take public transportation, cab, Uber, Lyft, etc.
- Insurance cards, driver's license/photo ID, and a list of your medications.

Contact WWSC at 316-491-6300 if you have any questions.